

ONE TREE INSTITUTE · SANTA BARBARA

A home for the healers of the future

Training the therapists who will guide people through the most powerful healing experiences of their lives.

Anacapa House · 1500 Anacapa Street · Santa Barbara

Cover: artist's concept of the courtyard

WHY WE EXIST

The medicines are coming. The healers aren't ready.

After decades of research, psychedelic medicines are moving toward legal clinical use. Ketamine is already legal when prescribed by licensed clinicians. MDMA, psilocybin and ibogaine are not yet approved; their future depends on federal law and evidence.

Billions of dollars have gone into making these medicines available. Only a small fraction has gone into training the people who hold the space.

A powerful medicine is only as safe as the person sitting beside you. Non-ordinary states of consciousness can open doors that years of ordinary therapy cannot. They also ask for deep skill, steady presence and real training from the guide.

By the estimate of leaders in the field, only a few hundred people in the United States are qualified to supervise and teach this work. Tens of thousands of therapists will be needed.

One Tree's answer

One Tree Institute is a Santa Barbara nonprofit, a 501(c)(3) public charity, that is building the human side of this movement: excellent therapists, rigorous safety and care that reaches everyone. That includes people who could never pay for it, alongside veterans, first responders and families.

Why it matters now

Hundreds

of people qualified to supervise and teach this work in the US, by field leaders' estimates

Tens of thousands

of trained therapists needed as these medicines come into practice

One home

in Santa Barbara, purchased and held for this mission

The question is no longer whether these medicines will reach people. It's whether there will be enough wise, well-trained hands to hold them.

THE WHOLE PICTURE

Where One Tree fits.

Bringing psychedelic medicine to people safely takes a whole ecosystem. Most of the money and attention has gone to the first links in the chain. One Tree works on the link that is missing.

1 · Research. Scientists and nonprofit researchers prove what helps, what harms and for whom.

2 · Regulation. The FDA and the states decide what is legal, and under what conditions.

3 · The medicines. Companies and researchers make safe, consistent medicines available.

4 · The healers: One Tree's focus. Training therapists in preparation, presence and integration, with supervision, safety standards and a place to learn. Today this is the narrowest part of the pipeline.

5 · Care. Clinics and licensed clinicians, starting with our planned partner, Family Therapy Institute, deliver care to patients and families.

6 · Integration and community. Ongoing support helps an experience become lasting change, not a single event.

Research, laws and medicines can only go as far as the people trained to hold them. One Tree exists to make sure those people are ready, and that their care reaches everyone.

What makes One Tree different

- **A permanent home.** A building owned by the nonprofit, not a rented office.
- **Rooted in Santa Barbara.** We partner with a clinic that has served local families since 1979.
- **Built for access.** Care designed from the start to include people who can't pay.
- **Ready for what's next.** We start with ketamine, so a trained team is in place as other medicines are approved.

WHAT WE'VE DONE

We bought the building.

In September 2026, One Tree Institute purchased Anacapa House, a 1930s Spanish Colonial house in the heart of Santa Barbara. It is owned by the nonprofit and held for the community, so this work never again depends on a lease that can end.

Sept 2026

Building purchased

Since 1979

Family Therapy Institute, our planned clinical partner, has served Santa Barbara families

2027

Target for the first training cohort

The great room: today, and what we picture



Left: today. Right: artist's concept. Open beams, warm light, French doors to the garden.



The same room from the other side, today and imagined. Concepts are AI renderings; the architect's plans will refine each one.

THE VISION

A sanctuary, not a clinic.



Artist's concept of a potential group or family therapy room. No hospital beds and no fluorescent lights: a room that feels like home.

Sandstone, iron, wood, plaster and warm light. Anacapa House should feel like home to a family on Medi-Cal, and be beautiful enough that anyone would choose it. We are working with Santa Barbara architect Andrulaitis+Mixon on the design.

Our partner: Family Therapy Institute

Family Therapy Institute of Santa Barbara (FTI) is an independent nonprofit that has served Santa Barbara families since 1979, with care offered on a sliding scale in English and Spanish. FTI plans to move into Anacapa House as One Tree's first clinical partner. **FTI's licensed clinicians provide the care. One Tree owns and stewards the building and leads the training.** We are two separate organizations with a shared purpose.

Three legs of the stool

Lasting healing needs all three: **Body** (Western medicine: physician screening and monitoring), **Mind** (psychotherapy before, during and after) and **Spirit** (honoring the ancient traditions of these medicines). Life is hard. We support each other.

What happens inside

- **Training.** Therapists learn preparation, presence during the journey and integration afterward, held to the highest standards available.
- **Care.** Our standard: careful screening, informed consent, licensed clinicians, a therapist present for every medicine session, and integration support so no one is left on their own afterward.
- **Learning.** We will track outcomes from the start, so the work builds evidence that helps more people get access.

THE PATH

From ketamine today to the medicines of tomorrow.

> **Now.** The building is ours, and design is underway.
>
> **2027 (target).** A first training cohort, starting with ketamine, the legal starting point. Many of the core skills of preparation, safety and integration apply across medicines.
>
> **As research advances.** Readiness for MDMA, psilocybin and ibogaine if and when they become legal medicine, with a team already trained and in place.
>
> **Always.** Care for those who can't afford it.

We started with a building. What we're really building is a lineage of healers.

Our mission

Restoring the human infrastructure of deep healing. We make sure trained medical psychotherapists are here to keep people safe as frontier mental-health medicines become legal. Our priority is the people who have carried the heaviest burdens: veterans, first responders and underserved communities.

Values we are working toward (in development): Oneness · Being · Becoming · Holding · Measuring

Board of Directors

Tony Rogers, MD, Founder & President · Kyra Rogers · Paul Wasserman · Erik Cetrulo · Alicia Goetz

Learn more: onetreeinstitute.org

One Tree Institute is a 501(c)(3) public charity · tony@onetreemedical.org

GET INVOLVED

Help us build One Tree Institute.

If you've been wondering what Tony is up to, this is it. One Tree Institute is being built now, by people who believe the healers matter as much as the medicines. Here is how you can be part of it.

Scan to give

onetreeinstitute.org/give

Ways to get involved

- **Give.** A one-time or monthly gift at onetreeinstitute.org/give.
- **Connect us.** Introduce us to people who could fund, advise or partner with us: philanthropists, foundations, clinicians and therapists who want to train, and people working in mental-health policy.
- **Lend your expertise.** Design, construction, legal, finance and marketing skills all help build this house.
- **Stay in touch.** Follow along at onetreeinstitute.org and join our newsletter at onetreeinstitute.org/subscribe.

This is an invitation to help build One Tree Institute: the house, the training and the team.

One Tree Institute is not yet providing treatment, and this brochure is not a way to request care. If you or someone you love needs support now, please reach out to a licensed clinician; in a crisis, call or text 988.

Let's talk

Questions, introductions or ideas are always welcome: **tony@onetreemedical.org**

With gratitude,

Doc Tony

Tony Rogers, MD · Founder & President, One Tree Institute